



## The U3A Crier

NEWSLETTER OF NATURALISTE  
UNIVERSITY OF THE THIRD AGE INC  
SUMMER 2021

### FROM the EDITOR

The main content of the last newsletter for 2021, our Summer 'Crier', is to give all members an update on the new and renewing members of YOUR Committee, news from some of our Courses in 2021 and to give you some important dates for the start of 2022. And, of course, to wish you a happy and safe Christmas. As always, we look forward to next year, meeting up at various Courses and events. Joan

### FROM the CHAIR: Colleen Liston (President)

Thanks so much for welcoming me to the U3A Committee. A little bit about me. I was born in Adelaide, South Australia, and was the oldest of three. My brothers and I all schooled successfully and went on to medical careers. I studied physiotherapy at the University of Adelaide and initially worked at a major public hospital then began a private practice.

We moved to WA with two pre-schoolers and I worked at PMH then part-time at WAIT (now Curtin University) teaching physiotherapy students and running the spinal deformities clinic at the hospital. I was always heavily involved with the Australian Physiotherapy Association and Registration Board, and worked on setting Australian standards and competencies for physiotherapists before being persuaded to move to senior management at Curtin preparing for Commonwealth audits. I was the inaugural University Secretary at Curtin.

Tennis, badminton and squash were sports interests. Involvement in the children's schools occupied a lot of time as well as higher degree studies. We had a beach house in Busselton for many years and came down most weekends. On retirement we immediately moved down here permanently and began to find ways to meet people and become involved in the community. This began with the Busselton Historical Society and Oral History Group then U3A and the Hospice. I still do some international consultancy in educational accreditation and standards.

While I cannot hope to provide the amount of support to U3A as Joan has done so ably, I hope I can help keep encouraging folks to join, run groups or become involved

in some way. Naturaliste U3A is one of the most vibrant U3As around so let's all work together to make it even stronger. I look forward to meeting every one of you!



*Colleen*

## **OTHER NEW COMMITTEE MEMBERS**

### **Pauline Rockley (General Member)**

I am 74 years old, mother of three, grandmother of nine and great-grandmother of almost two. I moved to Perth from NSW twenty years ago, then to Busselton nine years ago, buying my home in Abbey.

I have been a member of U3A for 4/5 years attending a number of courses during this time. I have been an active member of the Vasse Primary School PNC for the past five years. I was involved with Light the Night the six years this was held in Busselton and am currently a volunteer at the ArtGeo Cultural Complex. I attend the Geographe Leisure Centre five days a week and have been doing Taoist tai chi for eight years.

Professionally I worked with the Department of Community, NSW for twenty-five years in the field of Child Protection. I was a Child Protection Specialist for a number of years and then a District Manager in Campbelltown and Wollongong responsible for in excess of 110 staff respectively for the twelve years prior to my move to Perth. After my move to Perth I worked with the Disability Services Commission for nine years as a consultant monitoring the Disability Services Standards. I also became a Civil Marriage Celebrant only retiring from this around five years ago.

I have been on a number of committees during my years in NSW including, domestic violence, youth services, services to families and President of the Homebush Boys High School PNC for five years. My hobbies include autobiography and memoir writing, mosaics, gym and walking my dog on the beach.



*Pauline*

### **Richard Liston (Treasurer)**

I was born in Adelaide eons ago! When I was awarded Apprentice of the Year in 1963 (electronics), this gave me the opportunity to have nearly a year in the UK and Europe with experience in Philips companies there. In 1973 I was persuaded by Ian Diffen to come West to help him expand his business here. I worked in a range of capacities for the Ian Diffen Tyre company including as Financial Controller until Ian's untimely death eighteen years ago and the resultant sale of the company. I still manage finances related to tyre store premises owned by Ian's family.

I undertook a mature-age BA in English and History from UWA, have studied auditing and taken train the trainer courses. I was Treasurer of Naturaliste U3A since its inception in 2010 until September 2017. I've been involved with the Mah Jongg Group run by Wendy Beames and attended a number of other courses. I'm currently Treasurer of the Oral History Group (Inc) and oversaw the digitisation of 400 hours of oral history tape recordings. I look after book stocks, prepare CDs, manage the compilation of transcripts and send sound files and transcripts to the State Library of WA for them to make available online. I was awarded the Premier's Australia Day Active Citizenship Award by the City of Busselton in 2014.



**\*\*\*Richard was featured in the last 'Crier' as a 'Meet a Member'!**

## **ANNUAL GENERAL MEETING**

There was a very good turn up for the AGM and many thanks to you all for ensuring that a quorum was reached. The advertised Guest Speaker, Lisa Shreeve (CEO Busselton Jetty) was not able to attend but the Hon Barry House, Chair of the Jetty Inc. Board, whom many of us have heard speak, came in her place and gave an interesting talk on the history of the jetty.

At the special meeting prior to the AGM the proposed amendment to our quorum for General Meetings (which is regulated under our Rules) was unanimously accepted and has been put forward to the relevant Government body for approval.

At the AGM, after the Financial Report it was resolved that the membership subscription fee for 2022 remain at \$25.

At the AGM, resignations from Joan Parke (President), Lorraine Watts (Secretary) and Cathy Oldman (General Committee) were accepted, and thanks given to those members for their contribution. Janet Mannolini has moved to the Secretary's position. New to the Committee are Colleen Liston as President, Richard Liston as Treasurer and Pauline Rockley as a general member. Continuing members are Ruth Gardner (Vice President), Don Wright (Systems Admin), Brenda Pirrit and Margaret Maloney (General Members).

After the meeting we enjoyed a Devonshire tea, thanks to Brenda, Margaret and Phillip Atherton for their scone making and also thanks to volunteer Margaret Baker for her assistance on the day.

## **New Committee**



*Back: Pauline Rockley, Janet Mannolini, Richard Liston, Don Wright, Brenda Pirrit*

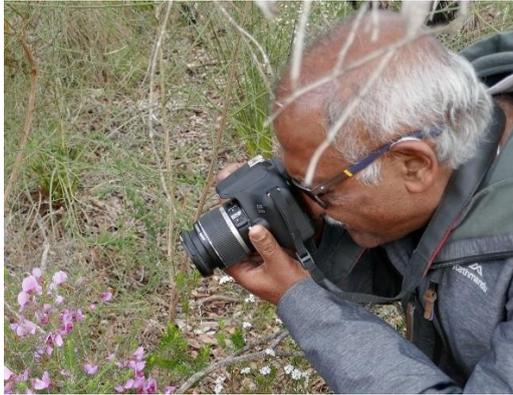
*Front: Margaret Maloney, Colleen Liston, Ruth Gardner*

## AROUND the COURSES

### BIODIVERSITY for EVERYONE

LEADER: Patrick Prevet

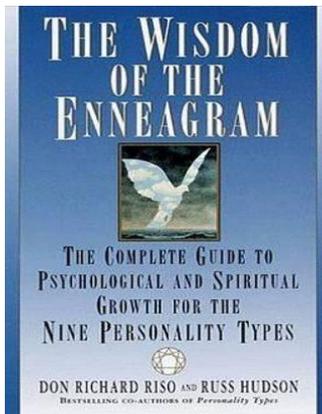
Members of Patrick's Biodiversity for Everyone group take advantage of a rich flowering in the Whicher Range at the height of the wildflower season



*Pictured are Jennine Frost and Arvind Pillay. Left: Arvind has a Painted Lady peaflower in his sights and Right: Jennine and Arvind receive instruction from Faye from the Busselton Wildflower group.*

### THE ENNEAGRAM

LEADER : Pat Holyoake



For those who may be wondering, the Enneagram is an in-depth study of 9 different personality types and has become one of the most popular systems for understanding yourself and others. Whatever your spiritual background, the Enneagram shows how you can overcome your inner barriers, realize your unique gifts and strengths, and discover your deepest direction in life.

Over the past 11 years of leading these groups, I have seen many “lightbulb moments” and have received positive feedback from those who have attended this course. Recently some have asked if the Enneagram course could be held again and so I am currently planning to make that happen in the first semester next year.  
Pat

## **'MOVE IT or LOSE IT'**

**LEADER: Phillip G. Light**

My first 4 weekly series of 'Move It or Lose It' was very warmly received by the 9 or so lovely ladies who attended. (where were the men?)

We had so much fun, moving and grooving to an array of various music genres, using various props to enhance movement, including colourful feather boas.

There was nothing in my workshop which was compulsory. All abilities and ages were catered for, whether you needed to remain seated, upright or a combination of both.

One participant said, "I think this workshop will become the most popular in U3A". Another said, "I wish this was ongoing rather than just 4 weeks".

I am looking forward to boogying with you next semester. Phillip G Light



*Pat Holyoake, Ann Fink, Val Hill, Jean Brown, Phillip Light, Pauline Rockley, Jeni Winslow, Joan Parke*

**\*\*\*\* KEY DATES and INFORMATION for your CALENDARS  
SEMESTER 1 2022**

The following preliminary key dates are provided for you to take note of.

Further details will be provided closer to the time.

**Members can pay subscriptions of \$25.00 for 2022 by bank transfer only,  
from 1/12/2021 (enrolment not available until 11/01/2022)**

**Course Dates:**

**\*Course Booklet sent to postal - 4/01/2022**

**\*Courses visible on UMAS - 11/01/2022**

**\*Course Booklet available on the website - 11/01/2022**

**\*Enrolment opens online - 17/01/2022**

**\*Assisted enrolment at Nova Village - 19/01/2022**

**\*Enrolment Day at The People Place - 21/01/2022**

**\*Sundowner for Course Leaders to follow enrolment session - 21/01/2022**

**\*Course Leaders advised on enrolments - 24/01/2022**

**SEMESTER 1 COMMENCES 1/02/2022**

**Feedback** is welcome to [secretary@u3anaturaliste.com.au](mailto:secretary@u3anaturaliste.com.au)

Thanks to our current contributors and to Pauline Rockley for printing hard copies and mailing out to postal members.