



THE UNIVERSITY OF THE THIRD AGE



Naturaliste U3A Inc.

2021 Courses

2nd July 2021

Naturaliste U3A Inc. Contact Details

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Web: <https://u3anaturaliste.com.au>

ENROLMENT PROCEDURE 2021

SEMESTER 2 ENROLMENT

Annual Subscription for calendar year 2021 is \$25.00 - this can be paid from December 2020 onwards.

ONLINE Enrolment opens on 30th JUNE 2021

From **20th June** Courses can be viewed online.

You can enrol on the **30 June** at Nova Village (corner of Bussell Hwy and Bell Drive) between **10am and 11am**.

You can enrol on the **2nd July** at The People Place 19-21 Kent Street between **1pm and 3pm**.

Please Note – Course codes ending in a 'Y' are yearly courses (with one or more breaks) and **participants need only enrol once at the beginning of the year for these courses**. Vacancies **may** arise during the year opening up positions for those members who are on the waitlist. Each member may enrol in up to 7 courses initially.

Applications for enrolment in selected courses may be made on our website or in person in the following ways:

1. Every existing U3A Member has a Member Number and Password that is required for logging into UMAS. More details are provided on our website <https://u3anaturaliste.com.au>.
2. From **20th June** Courses can be viewed on UMAS via our website.
3. From **30th June** Members can complete the Course Enrolment process by following the instructions on UMAS via our website (as above).
4. For assistance with enrolment - **30th June** at Nova Village and **2nd July** at the People Place.
5. Postal enrolments can be completed using the attached Enrolment Form and forwarded to **Naturaliste U3A, PO Box 1792, Busselton, WA 6280** or bring to Enrolment sessions as outlined above. **Postal enrolments should arrive by 2nd July at the latest. Please allow 5 business days for delivery if posting.**

Membership is open for (calendar year) renewal at any time and can be paid by direct transfer to: **Naturaliste U3A Account, BSB: 036 123 Account Number: 378016, Reference: Your Member number. For new members include full name until member number is allocated.**

6. Membership and Enrolment forms will also be available at The People Place, Kent St. Busselton.

COURSE FEES: Course fees are to be paid to the Course Leader at the beginning of the Course. This fee may include expenses such as room hire, photocopying, materials, light refreshments, as applicable.

N.B Course Leaders will inform Members of any adjustments to the advertised dates e.g. public and school holidays.

- All Course Enrolment forms will be processed after the close of the enrolment period on 2nd JULY 2021. Please allow 5 business days for delivery if posting.
- Once enrolment forms have been processed, successful students will be notified by the relevant course leader.
- If you have specific needs to enable you to attend a course, please contact the Course Leader **prior** to the Course so that any necessary arrangements can be discussed.

U3A SUMMARY OF SEMESTER 2 2021 COURSES

	Frequency	Date	Time
Monday			
Let's Talk TED TALKS	Weekly	2/8 - 23/8	10:00- 12:00
Reflections and Reminiscing	Monthly	26/7 - 20/12	10:30 - 12:00
Move it or Lose it	Weekly	30/8 – 20/09	10:30 – 11:30
Creative Writing	Fortnightly	15/2 - 6/12	1:00 - 3:00
Garden Discussion Group	Monthly	15/2 - 13/12	1:30 - 3:00
Dru Yoga - Monday	Weekly	25/1 - 13/12	4:00 - 5:30

Tuesday			
Into Drama	Weekly	6/7 - 14/12	9:30 - 11:30
Brain Games	Monthly	9/3 - 9/11	1:00 - 3:00
Let's Talk Philosophy	Dates as specified	13/7 - 26/10	1:30 - 3:30
Book Club 1	Monthly	2/2 - 2/11	2:00 - 4:00
Book Club 2	Monthly	2/2 - 7/12	2:00 - 4:00
Dru Yoga - Tuesday	Weekly	19/1 - 14/12	4:00 - 5:30

Wednesday			
Tap Dancing – Advanced for Seniors	Weekly	3/2 - 15/12	9:30 - 10:15
Botanical Printing on Paper	Half-Day	20/10 - 20/10	9:30 - 2:00
French Conversation	Weekly	3/2 - 8/12	10:30 - 12:00
Film Club	Monthly	3/2 - 3/11	10:30 - 1:30
Tap Dancing - Intermediate for Seniors	Weekly	3/2 - 15/12	1:00 - 1:45
Tizzy Up Your Garden Pots!	Weekly	18/8 - 25/8	1:30 - 4:00
Scrabble	Weekly	6/1 - 15/12	1:30 - 4:30
Tap Dancing – Beginners/Seniors (EOI)	Weekly	3/2 - 15/12	2:00 - 2:45
Biodiversity for Everyone	Weekly	11/8 - 15/9	2:30 - 4:00

Thursday			
Let's Walk & Talk	Weekly	4/2 - 2/12	8:30 - 10:30
Music Appreciation	Monthly	5/8 - 2/12	10:00 - 12:00
Getting to Know the Law – Looking After Your Assets	Weekly	2/9 – 16/9	10:30 – 12:00
Mah Jongg	Weekly	7/1 - 16/12	1:45 - 4:45

Friday			
Pacers Walking Group	Weekly	5/2 - 17/12	8:00 - 9:30
Tai Chi	Weekly	2/7 - 17/12	9:00 - 10:00
The Power of Myth	Fortnightly	10/9 - 22/10	9:30 - 11:30
Singing For Pleasure	Fortnightly	16/7 - 27/8	1:30 - 3:30

Art and Craft and related Courses

21BOTPS2: Botanical Printing on Paper

Type: 1/2 day

Dates: 20/10/2021 - 20/10/2021

Frequency: 1/2 Day Course, Wed 9:30 - 14:00

Location: Leader's Home 42 Country Road Bovell

Leader: Lorelie Smit

Contact: Lorelie on 0437 314 877

Contact: 0437 314 877 Email: loreliesmit@yahoo.com.au This is a fun introduction to botanical printing on paper. You will learn how to use the natural pigments present in plants, combined with moisture and heat, to make prints on paper. Drawing back into the prints and adding colour will also be demonstrated.

A charge of \$40 will be made to cover the cost of good quality print making and watercolour paper. BYO Lunch, morning tea is provided. The workshop consists of just one session.

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that if someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrolees expected so may change if fewer members enrol.

21POTSS2: Tizzy Up Your Garden Pots!

Type: Short Course

Dates: 18/08/2021 - 25/08/2021

Frequency: Weekly Course, Wed 1:30 - 4:00

Location: The People Place 19-21 Kent Street Busselton

Leaders: Brenda Pirrit and Joan Parke

Contact: Brenda on 0418901506 and Joan on 0410 667696

Following feedback from our earlier course we are offering two more workshops this time (as per request) for 3 hours each instead of two! It was fun tizzying up terracotta and plastic pots and using quite simple techniques and materials have pots to liven up indoor/patio gardens. Previous participants and newcomers are welcome to come along and enjoy being creative and meeting others with similar interest.

Cost: Approx \$25 depending on numbers. Most materials will be available and new participants will get a free terracotta pot to tizzy up! Refreshments included.

IMPORTANT: Could you please inform Course Leader if your circumstances change and you are unable to attend so that if someone who may be waitlisted can be notified of a vacancy. Also, the cost is calculated based on the number of enrolees expected so may change if fewer members enrol.

Discussion Groups

21BRAIY: Brain Games

Type: Long Course

Dates: 09/03/2021 - 09/11/2021

Frequency: Monthly, Tue 1:00 - 3:00

Location: The People Place 19-21 Kent Street Busselton

Leader: Joan Parke

Contact: Joan on 0410 667696

This course has been designed to encourage mental agility through a range of activities to stimulate each area of the brain in a socially friendly and interactive way. A variety of exercises will include verbal and numerical tasks, spatial recognition, logical thinking, short and long-term memory, creative and lateral thinking activities. Important components of each session are laughter and fun!!

Contact course leader Joan on 0410 667696.

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that someone who may be wait-listed can be notified of a vacancy. The class fee of approx. \$20 per semester includes room hire, materials and refreshments. The second semester course fee is approx. \$20, payable at the July session. In order to allow for discussion, there will be a maximum class size of 16. This course meets on the **second Tuesday of each month.**

Discussion Groups Cont'd

21GARDY: Garden Discussion Group

Dates: 15/02/2021 - 13/12/2021

Location: TBA

Contact:: Elaine on Email hoganirene28@gmail.com

Type: Long Course

Frequency: Monthly, Mon 1:30 - 3:00

Leader: Elaine Hogan

A monthly discussion group to swap advice, ideas, cuttings, talk about garden problems, share good growing stories. Could include outings to open gardens and similar venues during the year.

Cost: \$3 per session to cover costs, including afternoon tea.

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

21LTKTS2: Let's Talk TED TALKS

Dates: 02/08/2021 - 23/08/2021

Location: The People Place 19-21 Kent Street Busselton

Contact: Joan on 0410 667696

Type: Short Course

Frequency: Weekly Course, Mon 10:00 - 12:00

Leader: Joan Parke

'The "Let's Talk TED TALKS" course is back! "TED TALKS" is a world-wide organisation featuring a range of speakers on a variety of subjects. During each session we will watch, then discuss, 3 or 4 talks on topics of interests. Participants may like to follow up at home by rewatching or choosing related topics on YouTube. Come along and enjoy these stimulating talks and join in the discussion! Refreshments included. Maximum of 10 participants to allow for good discussion.

COST: Approx, \$25 depending on number of participants.

IMPORTANT: Could you please inform Course Leader if your circumstances change and you are unable to attend so that if someone who may be waitlisted can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

21PHI1S2: Let's Talk Philosophy

Dates: 13/07/2021 - 26/10/2021

Location: Nova Village 502 Bussell Highway Broadwater

Contact: Lorraine on 0408127674

Type: Long Course

Frequency: Dates as specified, Tue 1:30 - 3:30

Leader: Lorraine Watts

This is a discussion group based on the book "50 Philosophy Classics" by Tom Butler-Bowdon. You will need to purchase your own copy. A different philosopher will be considered each week, including: Cicero, Heraclitus, William James, Henri Bergson, Daniel Kahneman, Slavoj Zizec, John Rawls and Michael Sandel. Cost for participants is \$15 (\$10 for Nova Village residents). Lorraine Watts can be contacted via 0408127674 or reoh@iinet.net.au

Curiosity and an open mind. Please note there are specific dates for this course. There are 8 classes but these do not occur on a regular fortnightly basis. Please contact the course leader if you require the specific dates beforehand.

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that if someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

Discussion Groups Cont'd

21PWMYS2: The Power of Myth

Type: Short Course

Dates: 10/09/2021 - 22/10/2021

Frequency: Fortnightly, Fri 9:30 - 11:30

Location: Leader's Home 10 Toolburra Pass West Busselton

Leader: Patricia Holyoake

Contact: Pat on 97543096

In one of the most popular series in the history of public television, teacher and storyteller Joseph Campbell joins veteran journalist Bill Moyers to explore the timeless mythological archetypes that continue to have a powerful influence on the choices we make and the ways we live. This DVD series of interviews consists of 4 one hour long sessions followed by a group discussion. Leader's Name and Contact Details: Pat Holyoake 97543096

Cost for Participants: Gold coin for refreshments. • Maximum class size is 8 • Bring a notebook and pen to jot down points for discussion.

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that someone who may be wait-listed can be notified of a vacancy.

21KLAWS2: Getting to Know the Law – Looking After Your Assets

Type: Short Course

Dates: 02/09/2021 - 16/09/2021

Frequency: Weekly Course, Thu 10:30 – 12:00

Location: The People Place 19-21 Kent Street Busselton

Leader: Arvind Pillay

Contact: Arvind on 0408 213 554 Email: arvindpillay29@gmail.com

As a retired lawyer I am offering information through three short (1.5 hr.) discussion groups about how to ensure your assets are protected and ensuring they will pass down to the right person/s.

The first session will concentrate on Powers of Attorney - what they are used for, how to go about getting one and their duration.

The second session will centre around discussions about wills - their uses, the appointment of executors, codicils and how to go about getting one - including who will be able to help. Also, discussion about wills between partners - married or de facto, and the certainty and the peace of mind that goes with it.

The third session will centre around what happens in the event of a person dying without leaving a will. The Administration Act and how that applies. Also, discussions about who can apply for administration of an estate.

A maximum of 10 participants will allow for good discussion.

Course fee will be approximately \$15 depending on the number of participants, payable on the first day.

IMPORTANT: Could you please let the Course Leader know if your circumstances change and you are unable to attend the course, so someone who may be on the waitlist can be notified. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

Exercise

21PACEY: Pacers Walking Group

Type: Long Course

Dates: 05/02/2021 - 17/12/2021

Frequency: Weekly Course, Fri 8:00 - 9:30

Location: Busselton Jetty Geographe Bay Rd Busselton

Leader: Elaine Hogan

Contact: Elaine on Email hoganirene28@gmail

A reasonable paced walking group. We walk for an hour, sometimes the jetty, or bike paths along Esplanade. Routes and start time vary in winter months. Start time is currently 8 am in Summer. Coffee in the Lock Up cafe afterwards. Meet in the car park behind the Lock Up cafe, in Marine Terrace next to Signal park unless Elaine alters this, in which case she will give you prior notice. Please be there 5 mins early to start on time. If members are unable to attend on any given week, it would be greatly appreciated if Elaine can be notified so we are not left wondering unnecessarily who is coming.

Contact: Elaine Hogan Email: hoganirene28@gmail.com Unlimited Numbers Elaine will email attendees a few days before each walk as a reminder, also to notify of any changes. If members are unable to attend on any given week, it is greatly appreciated if Elaine can be notified so we are not wondering unnecessarily who is coming.

Exercise Cont'd

21TAPBY: Tap Dancing for Beginners/Seniors - EOI

Type: Long Course

Dates: 03/02/2021 - 15/12/2021

Frequency: Weekly Course, Wed 2:00 - 2:45

Location: Jazz Attack 13A Cook St Busselton

Leader: Penny Swingler

Contact: Penny on 0427117884

Always wanted to tap dance? This is now a CLOSED class. Here's your chance. Tap dancing is great for the bones, it's a form of meditation, (you have to concentrate), it improves cognitive function, muscle strength and flexibility, (according to a German study) and it's fun! The class introduces tap steps which eventually will become a routine. Tapping is great fun when a routine comes together. There is lots of laughter and you get to imagine yourself as a showgirl or a show-person. The class will be especially catered for seniors – no jumping or twisting and low-to-the-ground steps. The course will last the whole year. However no classes will be held during the school holidays, nor during the third term of the school year (the third term will be for 9 weeks from 19th July till 24th September 2021). The fourth term will be from 11th Oct to 16th Dec 2021.

PLEASE NOTE that there is a minimum number requirement of 10-12 students for this class to be held. Accordingly all enrolments will initially be regarded as EXPRESSIONS OF INTEREST with no guarantees that the class will be held. If possible bring tap shoes, otherwise bring hard soled leather shoes. Also bring layered loose clothing and a water bottle.

IMPORTANT: Could you please let the Course Leader know if your circumstances change and you are unable to attend as soon as possible so that someone who may be on the wait-list can be notified. The cost for participants is initially estimated at \$50, TO BE PAID TO THE COURSE LEADER, but will be determined by how many students enrol in the class for studio hire at \$25 per session. Note again that there is a minimum number requirement of 12. Jazz Attack Studio is located at 13A Cook St Busselton

21TAPIY: Tap Dancing Intermediate for Seniors

Type: Long Course

Dates: 03/02/2021 - 15/12/2021

Frequency: Weekly Course, Wed 1:00 - 1:45

Location: Jazz Attack 13A Cook St Busselton

Leader: Penny Swingler

Contact: Penny on 0427117884

This class will be for those who have tap danced before or been involved in the U3A class since 2016 and are classified as 'intermediate'. This is now a CLOSED class. Each week a new part of the routine will be introduced. I envisage two routines will come together over the year. Tapping is great for the bones, balance and above all, it is fun. The course will last the whole year. However no classes will be held during the school holidays, nor during the third term of the school year (the third term will be for 9 weeks from 19th July till 24th September 2021). The fourth term will be from 11th Oct to 16th Dec 2021.

IMPORTANT: Tap shoes are a prerequisite. Could you please let the Course Leader know if your circumstances change and you are unable to attend as soon as possible so that someone who may be on the wait-list can be notified. The cost for participants is initially estimated at \$50, TO BE PAID TO THE COURSE LEADER, but will be determined by how many students enrol in the class for studio hire at \$25 per session. Jazz Attack Studio is located at 13A Cook St Busselton

Exercise Cont'd

21TAPAY: Tap Dancing Advanced for Seniors

Type: Long Course

Dates: 03/02/2021 - 15/12/2021

Frequency: Weekly Course, Wed 9:30 - 10:15

Location: Jazz Attack Studio 13A Cook St Busselton

Leader: Penny Swingler

Contact: Penny on 0427117884 or Email penny.swingler@gmail.com

This class will be for those who have tap danced before or been involved in the U3A class since 2016. This is now a CLOSED class. The course will last the whole year. However, no classes will be held during the school holidays, nor during the third term of the school year (the third term will be for 9 weeks from 19th July till 24th September 2021). The fourth term will be from 11th Oct to 16th Dec 2021.

IMPORTANT: Tap shoes are a prerequisite.

IMPORTANT: Could you please let the Course Leader know if your circumstances change and you are unable to attend as soon as possible so that someone who may be on the wait-list can be notified.

The cost for participants is initially estimated at \$50, TO BE PAID TO THE COURSE LEADER, but will be determined by how many students enrol in the class for studio hire at \$25 per session. Note that there is a minimum number requirement of 15. Jazz Attack Studio is located at 13A Cook St Busselton

21WALKTY: Let's Walk and Talk

Type: Long Course

Dates: 04/02/2021 - 02/12/2021

Frequency: Weekly Course, Thu 8:30 - 10:30

Location: Busselton Foreshore Signal Park Busselton

Leader: Gwen Braden

Contact: Gwen on 0408752747 or 95721504

A social walk can be as easy or as strenuous as you like. It is an opportunity to come and exercise and to be with friendly people. We meet near the Equinox Café in the car park near toilets at Signal Park so we can walk and talk to the Geographe Bay Yacht Club, or to the Hospital and back or maybe even a walk along the Jetty, walking at a pace that suits you. Although our walks are all based along the foreshore, we see the changing 'moods' of the ocean, the beach sands through the seasons and the beauty of the morning skies-just to be out and about is great! We can turn back anytime. Morning tea is now at The Lockup Cafe (in the old Courthouse building). Start times may vary during the year. Our winter walks usually start a little later and currently start at 8.30 am. Apart from the exercise, this group provides an ideal way to meet new people and make new friendships. New members are welcome.

Contact: Gwen Braden 0408752747 or 95721504 FEE: PAY FOR YOUR OWN MORNING TEA

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that someone who may be wait-listed can be notified of a vacancy.

21MOVES2: Move it or Lose it

Type: Short Course

Dates: 30/08/2021 – 20/09/2021

Frequency: Weekly Course, Mon 10:30 – 11:30

Location: The People Place 19-21 Kent Street Busselton

Leader: Phillip Light

Contact: Phillip on 0425754957

Come and join in dance and movement workshops to shake off the winter blues and blow your cobwebs away.

These workshops are suitable for all abilities, including those who need to remain seated.

We will have loads of fun using various props and a variety of funky music which will make it impossible to remain still. No dance experience is necessary to participate.

I have been involved in such workshops for many years, leaving participants begging for more.

COST: Approximately \$25 depending on number of participants. Maximum enrollees 12.

IMPORTANT: Could you please inform the Course Leader if your circumstances change leaving you unable to attend, so that someone on the waiting list can be notified of a vacancy.

Games

21MJOGGY: Mah Jongg

Type: Long Course

Dates: 07/01/2021 - 16/12/2021

Frequency: Weekly Course, Thu 1:45 - 4:45

Location: Salvation Army Cnr Kent & Brown Streets Busselton

Leaders: Wendy Beames

Contact: Richard on 0429998290 or Wendy on 9754 6042

& Richard Liston

An ongoing course playing the Chinese game. The group has been playing for eleven years, and consists of experienced players. It is a social group. Equipment is provided. LIMITED VACANCIES currently. Interested experienced parties please contact Wendy Beames or Richard Liston.

FEE OF AROUND \$20 PER SCHOOL TERM TO BE PAID TO COURSE LEADER. The Salvation Army Hall is on the corner of Kent St. and Brown St. Busselton. IMPORTANT: Because this course is not for beginners, ALL enrollees will initially be placed on the waitlist as per the deferred enrolment procedure. The class list will be finalised later after discussions with the course leader.

21SCRAY: Scrabble

Type: Long Course

Dates: 06/01/2021 - 15/12/2021

Frequency: Weekly Course, Wed 1:30 - 4:30

Location: Leader's Home 7 Nougat Crescent Yalyalup

Leader: Diana Hannemann

Contact: Diana on 0408955758

A casual afternoon playing Scrabble. We play a few games, have afternoon tea and enjoy ourselves. Anyone can join us! Contact Diana on 0408955758. We meet at the homes of our group members on a rotational basis.

Afternoon tea is provided by the afternoon's host or by a volunteer. Don't worry if your home is unable to accommodate up to 12 players, we organise venues weekly. IMPORTANT: Because the number of potential students is impossible to predict, ALL enrollees will initially be placed on the waitlist as per the deferred enrolment procedure. The class list will be finalised later after discussions with the course leader.

PLEASE NOTE: You must be a financial member of U3A Naturaliste prior to the start of the SCRABBLE YEAR. Membership fee can be paid from mid December 2020, exact date to be advised online and in The Crier.

Language

21FRCONY: French Conversation

Type: Long Course

Dates: 03/02/2021 - 08/12/2021

Frequency: Weekly Course, Wed 10:30 - 12:00

Location: Stilts Holgate Street Broadwater

Leader: Elizabeth Horne

Contact: Elizabeth Horne 0457107681 Email: eliz.horne@westnet.com.au

Come along and enjoy practising new skills, or refreshing previous French language learning, through lively conversation over coffee and perhaps even a croissant! This will be an informal group, meeting for the pleasure and interest in speaking French in a comfortable, social situation. A basic knowledge of French is required.

Pay for your own refreshments at Stilts. IMPORTANT: Because the number of potential students is impossible to predict, ALL enrollees will initially be placed on the waitlist as per the deferred enrolment procedure. The class list will be finalised later after discussions with the course leader. The maximum class size is 12.

Literature

21BOOK1Y: Book Club 1

Type: Long Course

Dates: 02/02/2021 - 02/11/2021

Frequency: Monthly, Tue 2:00 - 4:00

Location: Nova Village 502 Bussell Highway Broadwater Leaders: Maureen Ebbs & Brenda Pirrit

Contact: Maureen Ebbs: 0417171878 or Brenda Pirrit: 0418901506

If you enjoy a good read with stimulating discussion to follow, we invite you to join us in 'Reading for Pleasure'. We currently source our books from the Busselton Library and other Southwest Library bulk Loans. First Tuesday each month.

COST is \$10 to be paid to Course Leaders on day one. Maximum course size is 12 participants to allow for relaxed discussion. Contact: Maureen Ebbs: 0417171878 or Brenda Pirrit: 0418901506.

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

21BOOK2Y: Book Club 2

Type: Long Course

Dates: 02/02/2021 - 07/12/2021

Frequency: Monthly, Tue 2:00 - 4:00

Location: Leader's Home 1 Anna Capel View Busselton

Leader: Karen Gregory

Contact: Karen Gregory on E: karengregory5@bigpond.com or M: 0431154158

This course is for bookworms who enjoy discussing books and sharing good reads in a relaxed social atmosphere. Books are usually sourced from the Busselton Library's bulk loans, but the club is exploring alternatives and open to all ideas.

Contact: Karen Gregory, E: karengregory5@bigpond.com M: 0431154158 COST: \$10 FEE TO BE PAID TO COURSE LEADER.

IMPORTANT: Because the number of potential students is impossible to predict, ALL enrollees will initially be placed on the waitlist as per the deferred enrolment procedure. The class list will be finalised later after discussions with the course leader. The maximum class size is 12.

21DRAMS2: Into Drama

Type: Long Course

Dates: 07/09/2021 - 14/12/2021

Frequency: Weekly Course, Tue 9:30 - 11:30

Location: Weld Queen Street Busselton

Leader: Gwyn Cracknell

Contact: Gwyn on 9754 1703 or Email gwynwendy@bigpond.com

Through dramatised play readings you will experience the power of live theatre to entertain, move and inspire US, the audience. An introduction to some of the great playwrights and dramatists: from Sophocles and Aeschylus to Shakespeare, Chekhov, Ibsen, Synge, O'Neill, Miller, Williams, Williamson, Davis, Winton ... Discover how to project yourself into another character in Comedy, Tragedy, Melodrama, Farce and modern socio-drama. DRAMA: THE MOST DYNAMIC OF LITERARY FORMS, THE MOST CHALLENGING.

Contact Gwyn: 9754 1703 Email: gwynwendy@bigpond.com COST: \$20 COURSE FEE TO BE PAID TO THE COURSE LEADER. The Weld Theatre is in Queen St. Busselton.

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

Mind Body Spirit

21TACHS2: Tai Chi

Type: Long Course

Dates: 02/07/2021 - 17/12/2021

Frequency: Weekly Course, Fri 9:00 - 10:00

Location: Busselton Jetty Geographe Bay Rd Busselton

Leader: Veronica Bre

Contact: Veronica on 0407194448

This course is to keep us moving in a gentle but effective way. Tai Chi is a slowed down martial arts designed for an ageing Chinese General in the 12th Century. No prior knowledge is necessary. We will start at the beginning and progress at our own rate. The cost is the hire of the hall at People Place, which is \$19.50 per week. How much it will cost you depends on how many attend. If 10 attend then it is \$2 per week (\$18 for 9 weeks). We won't bother with tea and coffee, but we can go somewhere together afterwards. Contact the course leader Veronica Bre on 0407194448 Veronica originally learned Tai Chi at a UWA Summer School in the garden near the library one January many years ago. She also taught it for a brief time before work at the Education Department in the Cannington Education Centre. She states 'I have practised it until the dance studio closed on the Highway. I may be a bit rusty, but feel confident we can manage. I sometimes do it in my garden, but I think it is much better as a shared experience. I will make a list of moves available for those that want one, but practice together is the most effective way of learning it'. It is sometimes called shadow boxing and is also a walking meditation. Your mind is in your body focusing on "what next?" (at the start anyway). When it becomes automatic it is peaceful.

21YOGAMY: Dru Yoga (Monday Class)

Type: Long Course

Dates: 25/01/2021 - 13/12/2021

Frequency: Weekly Course, Mon 4:00 - 5:30

Location: The People Place 19-21 Kent Street Busselton

Leader: Valerie Frearson-Lane

Contact: Valerie on 0419157855

The Dru Yoga classes are ongoing classes. At this stage there are no vacancies for 2021. However, if you are interested should a vacancy become available during the year, please contact Valerie by email at livingyoga@fairtel.com.au There are no prerequisites. Maximum Enrolments: 15 per class.

21YOGATY: Dru Yoga (Tuesday Class)

Type: Long Course

Dates: 26/01/2021 - 14/12/2021

Frequency: Weekly Course, Tue 4:00 - 5:30

Location: The People Place 19-21 Kent Street Busselton

Leader: Valerie Frearson-Lane

Contact: Valerie on 0419157855

The Dru Yoga classes are ongoing classes. At this stage there are no vacancies for 2021. However, if you are interested should a vacancy become available during the year, please contact Valerie by email at livingyoga@fairtel.com.au There are no prerequisites. Maximum Enrolments: 15 per class.

Music

21MUSS2: Music Appreciation

Type: Short Course

Dates: 05/08/2021 - 02/12/2021

Frequency: Monthly, Thu 10:00 - 12:00

Location: Member's Home 6 Lagoona Place Quindalup

Leader: John Watt

Contact: John Watt on 0459511846

This is a continuing course which provides an opportunity for the group to enjoy music in a relaxed and informal setting. The emphasis is on modern classical music (from 1750 onwards). Music will include well known and much loved works as well as others not heard so often. Occasional short pieces of modern music, such as Jazz, or Pop (some Beatles tunes spring to mind) may also be included. However some meatier works by composers such as Wagner cannot be ruled out! Discussion and sharing of the musical experience is encouraged. New members are welcome. The maximum group number has been set at 20.

The cost is to be paid to the hosts and consists of a gold coin donation to cover morning tea/coffee for each session. **IMPORTANT:** Could you please let the Course Leader know as soon as possible if your circumstances change and you are unable to attend so that someone who may be on the waitlist can be notified.

21SINGS2: Singing for Pleasure

Type: Short Course

Dates: 16/07/2021 - 27/08/2021

Frequency: Fortnightly, Fri 1:30 - 3:30

Location: Leader's Home 10 Toolburra Pass West Busselton

Leader: Patricia Holyoake

Contact: Pat Holyoake on 97543096

This course is an opportunity to connect with others who enjoy singing and will include all time favourites from the 50's to the 80's. Recent findings from a research project have found that group singing increases social connectedness, physical and emotional benefits and reduces personal stress.

Cost for Participants : Gold coin for refreshments • Maximum class size is 10 • Please inform Course Leader if you are unable to attend.

Science

21BIOES2: Biodiversity for Everyone

Type: Short Course

Dates: 11/08/2021 - 15/09/2021

Frequency: Weekly Course, Wed 2:30 - 4:00

Location: The People Place 19-21 Kent Street Busselton

Leader: Patrick Prevett

Contact: Patrick Prevett. Mobile: 0477 823 338 Email: patrick.prevett@bigpond.com

'**Biodiversity for Everyone**' is a lecture series embracing Busselton's local natural history and featuring animal and plant ecology. We are all aware that Busselton's predominantly agricultural setting has resulted in steady habitat loss and alienated environments for most of our native species. Obvious examples are increased weediness and imposed fire regimes. Even so, we are fortunate that our region has so much to offer those with a thirst for natural history.

How many of us leave our armchairs to make even occasional visits to reserves like Ambergate! This course may present this opportunity to you.

The aim of the course is to broaden your knowledge of plants and animals in line with the theme that **Biodiversity is for Everyone**.

Details of the 6 lectures follow.

•**Out and about: Are you familiar with Busselton's nature reserves?**

Are you familiar with our local reserves such as Ambergate, Meelup, Carbonup, Yelverton, Ruabon? Where are they and what can be found there?

•**Urban Wildlife: May I touch that frog?**

Do you know your frogs, freshwater tortoises, bandicoots rakali and other native rodents? The infamous house mouse causes plagues, but in the laboratory, it is often the geneticists' first tool of choice.

•**Wildlife needs natural tree hollows.**

Australia's unique hollow using mammal fauna includes possums, gliders, bats and numbats. What a shame, the eastern states have the best-looking possums, (the gliders of the gum trees)!

•**Ocean vistas: Plankton to plastic.**

Plankton and bioluminescence light up the sea. Volunteers count the whales. Islands act as haul out sites for sea lions and refuges for threatened dibblers. Coast Care: can you play a role in looking after our coast.

• **The Whicher Range : the southwests best kept secret.**

The Whicher Range: a 'proteaceous' paradise and wildflower hotspot on your doorstep.

• **Going, going, gone: the demise of the Thylacine.**

However, let's be positive - Tasmanian devils make a comeback. *Thylacoleo*, marsupial carnivore, I would like to see that! Last time you were shifting rocks or timber did you spot a dunnart or a brush tailed phascogale?

Prerequisite: A thirst for knowledge! If you have any queries, Patrick can be contacted on 0477 823 338

IMPORTANT: If you enrol and then your circumstances change, please tell the Course Leader as soon as possible as an alternative venue may be required due to less numbers to cover costs. It also means anyone still on the wait list can be notified of a space. Cost. Approximately \$60.00 (dependent on student enrolments) to defray the cost of course lecture notes and hire of facilities at People Place. The fee to be paid to the Course Leader on day one.

•Maximum class size 10.

Social Activities

21FILMSY: Film Club

Dates: 03/02/2021 - 03/11/2021

Location: Orana 27 Albert St Busselton

Contact: Joan on 0410667696

Type: Long Course

Frequency: Monthly, Wed 10:30 - 1:30

Leader: Joan Parke

The Film Club follows the basic format of a Book Club with the viewing of a selected film. After the film we gather in the foyer for a short discussion. Although the Seniors' Session has not formally resumed, we go to one of the three films that run concurrently at 11.00am on the first Wednesday of the month. About a week before, I will let you know which film we will be watching of the film we will be watching. Seniors tickets cost \$11. Occasionally throughout the year we will meet up for a coffee and discussion about an aspect of films in general. At a recent meet up we discussed the impact of music and sound effects. It was a very interesting session.

Contact course leader Joan on 0410667696 A maximum of 14 participants has been set in order to allow for the discussion. There are a few vacancies for anyone who wishes to join us for this coming Semester.

21SOCS2: Reflections and Reminiscing

Dates: 26/07/2021 - 20/12/2021

Location: Old Courthouse 4 Queen Street Busselton

Contact: Elaine on email hoganirene28@gmail.com

Type: Long Course

Frequency: Monthly, Mon 10:30 - 12:00

Leader: Elaine Hogan

Formerly our monthly coffee meetup, now renamed. Join us for different topics to start our conversations, on memories, experiences, recollections etc. I will supply topics. In the past we have had discussions on best holidays, earliest childhood memories, what do friends mean to us, etc. randomly chosen to kickstart our chats. We cannot now use Stilts as our venue. We do however have the use of the Old Courthouse, opposite the ArtGeo gallery (free of charge). Please be there no earlier than 10.15 to order your coffee/ tea at the LockUp cafe (the staff will bring the order to us about 11 am) then proceed into the Courthouse main room, in order to start at 10.30 Elaine will email attendees a few days before each meeting, as a reminder.

Please contact course leader Elaine Hogan at email hoganirene28@gmail.com for further information. Course Numbers: unlimited It would be greatly appreciated if members could avoid being late as it disrupts the flow of conversation. If members cannot attend any given month, again, do let Elaine know so she can work out groups, tables etc.

Writing

21CWRIY: Creative Writing

Dates: 15/02/2021 - 06/12/2021

Location: Leader's Home 12 Silver Gull Court Geographe

Contact: Moira on 0476237601

Type: Long Course


Frequency: Fortnightly, Mon 1:00 - 3:00

Leader: Moira Dahlberg

CREATIVE WRITING, for fun and to exercise our (ageing) minds. This is NOT a teaching course but one for enjoyment. This ongoing group utilises basic prompts and motivations for writing fiction and nonfiction. The purpose is to encourage creativity and enjoyment. This is a group for writing, exercising the brain and having fun but it is neither a teaching course nor a critique group. We use various prompts and starters (e.g. beginning sentence; title; characters; a picture; real items etc) to inspire pieces of writing (fact or fiction prose or verse) which we then share with each other. All materials are provided; as well a selection of books and printed copies of previous collections are available for loan.

Cost is \$3.00 to be paid to the course leader each time people attend - covers photo copies and afternoon tea.

IMPORTANT: Could you please inform the Course Leader if your circumstances change and you are unable to attend so that someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

	<h2 style="margin: 0;">Course Enrolment Form 2021</h2> <h3 style="margin: 0;">Semester 2</h3>
	PO Box 1792, Busselton WA 62800 Phone: 0410 667 696 Email: secretary@u3anaturaliste.com.au

For use ONLY by financial members who require assistance to enrol. Please allow five business days for postage to be delivered or you can attend enrolment in person (see below).

Please print clearly in Black pen

Member	First Name:	Surname:

- Have you paid your **2021 MEMBERSHIP** subscription? **YES / NO**
- **Membership number:**
- Using the current Course Booklet, list your course selections in the table below by showing the **Course Code, Course Description and Start Date.**
- The committee will be assisting with enrolments at The People Place (**19-21 Kent St. Busselton**) on **2nd July 1pm - 3pm** and Nova Village (**corner of Bussell Hwy and Bell Drive**) on **30th June 10am - 11am** OR contact: admin@u3anaturaliste.com.au 041 268 9252.
- Please bring this completed form with you, or post to the address at the top.

Course Code	Course Description	Start Date

IMPORTANT INFORMATION FOR ENROLEES: If you have specific needs to enable you to attend a course, please contact the Course Leader prior to the Course so that the necessary arrangements can be discussed.



Data Entry
Date