



THE UNIVERSITY OF THE THIRD AGE

Naturaliste  
*U3A*  
University of The Third Age Inc

## **Naturaliste U3A Inc.**

### **2021 Courses**

**5 JANUARY 2021**

#### **Naturaliste U3A Inc. Contact Details**

PO Box 1792

Busselton

West Australia 6280

Phone: 97515968/0412689252

Courses Enquiries: [admin@u3anaturaliste.com.au](mailto:admin@u3anaturaliste.com.au)

General Enquiries: [secretary@u3anaturaliste.com.au](mailto:secretary@u3anaturaliste.com.au)

Web: <https://u3anaturaliste.com.au/members>

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## **ENROLMENT PROCEDURE 2021**

### **SEMESTER 1 ENROLMENT**

Annual Subscription for calendar year 2021 is \$25.00 - this can be paid from December 2020 onwards.

#### **ONLINE Enrolment opens on 18th JANUARY 2021**

From **11th January** Courses can be viewed online.

You can enrol on the **20th January** at Nova Village (corner of Bussell Hwy and Bell Drive) between **10am and 12pm**

You can enrol on the **22nd January** at The People Place 19-21 Kent Street between **1pm and 3pm**

**Please Note** – Course codes ending in a 'Y' are yearly courses (with one or more breaks) and **participants need only enrol once at the beginning of the year for these courses**. Vacancies **may** arise during the year opening up positions for those members who are on the waitlist. Each member may enrol in up to 7 courses initially.

Applications for enrolment in selected courses may be made on our website or in person in the following ways:

1. Every existing U3A Member has a Member Number and Password that is required for logging into UMAS. More details are provided on our website <https://u3anaturaliste.com.au>.
2. From **11th January** Courses can be viewed on UMAS via our website.
3. From **18th January** Members can complete the Course Enrolment process by following the instructions on UMAS via our website (as above).
4. For assistance with enrolment - **20th January** at Nova Village and **22nd January** at the People Place.
5. Postal enrolments can be completed using the attached Enrolment Form and forwarded to **Naturaliste U3A, PO Box 1792, Busselton, WA 6280** or bring to **Enrolment sessions as outlined above**. **Postal enrolments should arrive by 21st January at the latest. Please allow 5 business days for delivery if posting.**

Membership is open for (calendar year) renewal at any time and can be paid by direct transfer to:  
**Naturaliste U3A Account, BSB: 036 123 Account Number: 378016, Reference: Your Member number. For new members include full name until member number is allocated.**

6. Membership and Enrolment forms will also be available at The People Place, Kent St. Busselton.

**COURSE FEES:** Course fees are to be paid to the Course Leader at the beginning of the Course. This fee may include expenses such as room hire, photocopying, materials, light refreshments, as applicable.

**N.B** Course Leaders will inform Members of any adjustments to the advertised dates e.g. public and school holidays.

- All Course Enrolment forms will be processed after the close of the enrolment period on Friday 22 January 2021. Please allow 5 business days for delivery if posting.
- Once enrolment forms have been processed, successful students will be notified by the relevant course leader.
- If you have specific needs to enable you to attend a course, please contact the Course Leader **prior** to the Course so that any necessary arrangements can be discussed.

## U3A SUMMARY OF 2021 COURSES

	Frequency	Date	Time
<b>Monday</b>			
Upcycled Shopping Bags	Fortnightly	8/2 - 19/4	9:00 - 12:00
Memoir Writing - Getting Started	Weekly	8/3 - 29/3	10:00 - 12:00
Reflections and Reminiscing	Monthly	22/2 - 28/6	10:15 - 12:00
Creative Writing	Fortnightly	15/2 - 6/12	1:00 - 3:00
Garden Discussion Group	Monthly	15/2 - 13/12	1:30 - 3:00
Dru Yoga - Monday	Weekly	18/1 - 13/12	4:00 - 5:30

<b>Tuesday</b>			
Into Drama	Weekly	9/2 - 8/6	9:30 - 11:30
Brain Games	Monthly	9/3 - 9/11	1:00 - 3:00
Book Club 1	Monthly	2/2 - 2/11	2:00 - 4:00
Book Club 2	Monthly	2/2 - 7/12	2:00 - 3:00
Embroidered Felt	Weekly	23/3 - 27/4	2:00 - 4:00
Dru Yoga - Tuesday	Weekly	19/1 - 14/12	4:00 - 5:30

<b>Wednesday</b>			
Tap Dancing – Advanced for Seniors	Weekly	3/2 - 15/12	9:30 - 10:15
French Conversation	Weekly	3/2 - 8/12	10:30 - 12:00
Film Club	Monthly	3/2 - 3/11	10:30 - 1:30
Tap Dancing - Intermediate for Seniors	Weekly	3/2 - 15/12	1:00 - 1:45
Making Mandalas	Weekly	19/5 - 26/5	1:30 - 3:30
Scrabble	Weekly	6/1 - 15/12	1:30 - 4:30
A Zoologist in a Wildflower Wonderland	Weekly	17/3 - 28/4	2:30 - 4:00
Australian Wildlife During Lockdown	Weekly	10/2 - 3/3	2:30 - 4:00
Tap Dancing – Beginners/Seniors (EOI)	Weekly	3/2 - 15/12	2:00 - 2:45

<b>Thursday</b>			
Let's Walk & Talk	Weekly	11/2 - 2/12	8:00 - 10:00
Music Appreciation	Monthly	4/3 - 3/6	10:00 - 12:00
Learning to Read Music and Music Theory	Weekly	11/2 - 15/4	1:00 - 3:00
Tizzy Up your Garden Pots	Weekly	22/4 - 6/5	1:30 - 3:30
Mah Jongg	Weekly	7/1 - 16/12	1:45 - 4:45

<b>Friday</b>			
Pacers Walking Group	Weekly	5/2 - 17/12	8:30 - 10:00
Eco-Printing on Paper	Half-Day	5/3	9:30 - 13:30
Ikebana Session 1	Weekly	5/3 - 19/3	10:00 - 11:30
Ikebana Session 2	Weekly	9/4 - 23/4	10:00 - 11:30

## Art and Craft and related Courses

### **21ECOPS1: Eco-Printing on Paper**

**Type: 1/2 day**

**Dates: 05/03/2021 - 05/03/2021**

**Frequency: 1/2 Day Course, Fri 9:30 - 13:30**

**Location: Leader's Home 42 Country Road Bovell**

**Leader: Lorelie Smit**

**Contact: Lorelie on 08 9754 1608 or Email [loreliesmit@yahoo.com.au](mailto:loreliesmit@yahoo.com.au)**

This is a fun introduction to eco-printing on paper. You will learn how to use the natural pigments present in leaves and other foliage to make prints on paper with the help of moisture and heat. Your prints could later on be used for cards, bookmaking or framed. Drawing back into the prints and adding colour will also be demonstrated. All materials are provided including good quality printmaking and watercolour paper. This is a small class so you will have lots of opportunity to experiment and learn a new skill.

A charge of \$40 will be made to cover the cost of materials. BYO Lunch, morning tea provided.

**IMPORTANT:** Could you please let the Course Leader know if your circumstances change and you are unable to attend the course, so someone who may be on the waitlist can be notified. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

### **21EMBFS1: Embroidered Felt**

**Type: Short Course**

**Dates: 23/03/2021 - 27/04/2021**

**Frequency: Weekly Course, Tue 2:00 - 4:00**

**Location: Leader's Home 65 Clydebank Avenue West Busselton**

**Leader: Helen Wheeler**

**Contact: Helen on 9752 1416, Mob: 0434 384 754, Email [rwh81755@bigpond.net.au](mailto:rwh81755@bigpond.net.au)**

Create a modern stitched art piece or design using traditional embroidery stitches and a variety of threads on felt. Felt and some yarns/threads will be provided. Participants are encouraged to bring their own background fabric AFTER the first session when options for this will be discussed. Rediscover stitches you may have learnt many years ago and learn some new ones, giving them a non-traditional twist by using vibrant colours and some thick yarns. Embroidered pieces could be made into a bag, book cover or other small item. Participants will need to bring hand embroidery equipment (small scissors, needles, pins), pencil, and paper cutting scissors.

A \$20 fee will cover felt, threads, freezer paper for making patterns and afternoon tea. Max Class Size 8.

**IMPORTANT:** Could you please let the Course Leader know if your circumstances change and you are unable to attend the course, so someone who may be on the waitlist can be notified. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

### **21IKE1S1: Ikebana: The Japanese art of arranging flowers. Session 1**

**Type: Short Course**

**Dates: 05/03/2021 - 19/03/2021**

**Frequency: Weekly Course, Fri 10:00 - 11:30**

**Location: Leader's Home 10 Toolburra Pass West Busselton**

**Leader: Patricia Holyoake**

**Contact: Patricia on 97543096.**

IKEBANA: The Japanese art of arranging flowers.

Course fee \$5 to be paid to leader each week to cover cost of materials and refreshments. Requirements are a small bowl to arrange flowers in and a few items from your garden. More information will be given after your enrolment.

**IMPORTANT:** Could you please let the Course Leader know if your circumstances change and you are unable to attend the course, so someone who may be on the waitlist can be notified. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.



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**21IKE2S1: Ikebana: The Japanese art of arranging flowers. Session 2** **Type: Short Course**

**Dates: 09/04/2021 - 23/04/2021**

**Frequency: Weekly Course, Fri 10:00 - 11:30**

**Location: Leader's Home 10 Toolburra Pass West Busselton**

**Leader: Patricia Holyoake**

**Contact: Patricia on 97543096.**

IKEBANA: The Japanese art of arranging flowers.

Course fee \$5 to be paid to leader each week to cover cost of materials and refreshments. Requirements are a small bowl to arrange flowers in and a few items from your garden. More information will be given after your enrolment.

**IMPORTANT:** Could you please let the Course Leader know if your circumstances change and you are unable to attend the course, so someone who may be on the waitlist can be notified. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

**21MANDS1: Making Mandalas**

**Type: Short Course**

**Dates: 19/05/2021 - 26/05/2021**

**Frequency: 2 Week Course, Wed 1:30 - 3:30**

**Location: The People Place 19-21 Kent Street Busselton**

**Leader: Joan Parke**

**Contact: Joan on 0410 667696**

This short course is to introduce participants to using a variety of materials to make mandalas. Mandalas, at least simply put, are patterns and designs within circles and once we become aware of these, we see them everywhere! Examples are the circular patterns and symbols in Hindu and Buddhist cultures (the word mandala from Sanskrit means a circle), stained glass windows in churches and they abound in nature, including in the structure of interesting gardens. We use them in many sorts of art. Not only are mandalas lovely to see, the making of them can be a very meditative process. You do not need to have any 'art' experience, just come along and enjoy making mandalas. Most materials will be provided, and participants will be informed before each session of any specific things they might need to bring.

Fee for the course will be approximately \$15 depending on numbers, payable on the first day, and will include room hire, materials and refreshments. A maximum of 12 participants will allow for appropriate use of the facilities.

**IMPORTANT:** Could you please let the Course Leader know if your circumstances change and you are unable to attend the course, so someone who may be on the waitlist can be notified.

**21POTSS1: Tizzy Up Your Garden Pots!**

**Type: Short Course**

**Dates: 22/04/2021 - 06/05/2021**

**Frequency: Weekly Course, Thu 1:30 - 3:30**

**Location: The People Place 19-21 Kent Street Busselton**

**Leaders: Brenda Pirrit and Joan Parke**

**Contact: Brenda on 0418 901 506 or Joan on 0410 667 696**

Liven up your garden/indoor spaces by learning how to use different techniques to decorate your pots. Your terracotta pot to tizzy up on the first day will be provided. There will also be an opportunity during the course to swap some cuttings of favourite plants.

FEE: Approx \$25 depending on numbers, payable to Leaders on day one. This will include room hire, most materials and refreshments.

PREREQUISITES: Apron or art shirt. Other items will be requested during the course for particular activities according to individual needs.

**IMPORTANT:** Could you please let the Course Leader know if your circumstances change and you are unable to attend the course, so someone who may be on the waitlist can be notified.



## Art and Craft and related Courses Cont'd

### **21SBAGS1: Upcycled Shopping Bags**

**Type: Short Course**

**Dates: 08/02/2021 - 19/04/2021**

**Frequency: Fortnightly, Mon 9:00 - 12:00**

**Location: William Carey Court 450 Bussell Highway Broadwater**

**Leader: Clare Parry**

**Contact: Clare on 0407477461**

Making a Shopping Bag using colourful feed sacks. This will be a fun project costing \$15. Each participant will get a kit with all the necessary materials. You will need to bring a sewing machine, cotton, scissors etc.

Cost \$15 to be paid to Course Leader on day one of the course. Prerequisite: Basic Sewing Skills.

**IMPORTANT:** Could you please let the Course Leader know if your circumstances change and you are unable to attend the course, so someone who may be on the waitlist can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

## Discussion Groups

### **21BRAIY: Brain Games**

**Type: Long Course**

**Dates: 09/03/2021 - 09/11/2021**

**Frequency: Monthly, Tue 1:00 - 3:00**

**Location: The People Place 19-21 Kent Street Busselton**

**Leader: Joan Parke**

**Contact : Joan on 0410 667696.**

This course has been designed to encourage mental agility through a range of activities to stimulate each area of the brain in a socially friendly and interactive way. A variety of exercises will include verbal and numerical tasks, spatial recognition, logical thinking, short and long-term memory, creative and lateral thinking activities. Important components of each session are laughter and fun!!

For the first semester, the class fee of approx. \$20 includes room hire, materials and refreshments, payable at the first (March) session. In order to allow for discussion, there will be a maximum class size of 16.

**IMPORTANT:** Could you please inform the Course Leader if your circumstances change and you are unable to attend so that if someone who may be wait-listed can be notified of a vacancy.

### **21GARDY: Garden Discussion Group**

**Type: Long Course**

**Dates: 15/02/2021 - 13/12/2021**

**Frequency: Monthly, Mon 1:30 - 3:00**

**Location: Leader's Home 1/264 Bussell Highway West Busselton**

**Leader: Elaine Hogan**

**Contact: Elaine on Email [hoganirene28@gmail.com](mailto:hoganirene28@gmail.com)**

A monthly discussion group to swap advice, ideas, cuttings, talk about garden problems, share good growing stories. Could include outings to open gardens and similar venues during the year.

Cost: \$3 per session to cover costs, including afternoon tea.

**IMPORTANT:** Could you please inform the Course Leader if your circumstances change and you are unable to attend so that if someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.



## Exercise

**21PACEY: Pacers Walking Group**

**Type: Long Course**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Course, Fri 8:30 - 10:00**

**Location: Busselton Jetty Geographe Bay Rd Busselton**

**Leader: Elaine Hogan**

**Contact: Elaine on Email [hoganirene28@gmail.com](mailto:hoganirene28@gmail.com)**

A reasonable paced walking group. We walk for an hour, sometimes the jetty, or bike paths along Esplanade. Routes and start time vary in winter months. Start time may change to 8 am in Summer if too hot. Coffee in the Lock Up cafe afterwards, we are usually all finished by 10.30 am. Meet near the Equinox unless Elaine alters this and will give you prior notice. Please be there 5 mins early to start on time. If members are unable to attend on any given week, it is greatly appreciated if Elaine can be notified so we are not wondering unnecessarily who is coming.

Unlimited Numbers.



**21TAPAY: Tap Dancing Advanced for Seniors**

**Type: Long Course**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Course, Wed 9:30 - 10:15**

**Location: Jazz Attack Studio 13A Cook St Busselton**

**Leader: Penny Swingler**

**Contact: Penny on 0427117884 or Email [penny.swingler@gmail.com](mailto:penny.swingler@gmail.com)**

This class will be for those who have tap danced before or been involved in the U3A class since 2016. This is now a CLOSED class. The course will last the whole year. However, no classes will be held during the school holidays, nor during the third term of the school year (the third term will be for 9 weeks from 19th July til 24th September 2021). The fourth term will be from 11th Oct to 16th Dec 2021.

**IMPORTANT:** Tap shoes are a prerequisite. Could you please let the Course Leader know if your circumstances change and you are unable to attend as soon as possible so that someone who may be on the wait-list can be notified.

The cost for participants is initially estimated at \$50, TO BE PAID TO THE COURSE LEADER, but will be determined by how many students enrol in the class for studio hire at \$25 per session. Note that there is a minimum number requirement of 15. Jazz Attack Studio is located at 13A Cook St Busselton





## Exercise Cont'd

**21TAPBY: Tap Dancing for Beginners/Seniors (New - EOI)**

**Type: Long Course**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Course, Wed 2:00 - 2:45**

**Location: Jazz Attack Studio 13A Cook St Busselton**

**Leader: Penny Swingler**

**Contact: Penny on 0427117884 or Email [penny.swingler@gmail.com](mailto:penny.swingler@gmail.com)**

Always wanted to tap dance? Here is your chance. Tap dancing is great for the bones, it's a form of meditation, (you have to concentrate), it improves cognitive function, muscle strength and flexibility, (according to a German study) and it's fun! The class introduces tap steps which eventually will become a routine. Tapping is great fun when a routine comes together. There is lots of laughter and you get to imagine yourself as a showgirl or a show-person. The class will be especially catered for seniors – no jumping or twisting and low-to-the-ground steps. The course will last the whole year. However, no classes will be held during the school holidays, nor during the third term of the school year (the third term will be for 9 weeks from 19th July til 24th September 2021). The fourth term will be from 11th Oct to 16th Dec 2021.

**PLEASE NOTE** that there is a minimum number requirement of 10-12 students for this class to be held. Accordingly all enrolments will initially be regarded as **EXPRESSIONS OF INTEREST** with no guarantees that the class will be held. If possible, bring tap shoes, otherwise bring hard soled leather shoes. Also bring layered loose clothing and a water bottle.

The cost for participants is initially estimated at \$50, TO BE PAID TO THE COURSE LEADER, but will be determined by how many students enrol in the class for studio hire at \$25 per session. Note again that there is a minimum number requirement of 12. Jazz Attack Studio is located at 13A Cook St Busselton.

**IMPORTANT:** Could you please let the Course Leader know if your circumstances change and you are unable to attend as soon as possible so that someone who may be on the wait-list can be notified.

**21TAPIY: Tap Dancing Intermediate for Seniors**

**Type: Long Course**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Course, Wed 1:00 - 1:45**

**Location: Jazz Attack Studio 13A Cook St Busselton**

**Leader: Penny Swingler**

**Contact: Penny on 0427117884 or Email [penny.swingler@gmail.com](mailto:penny.swingler@gmail.com)**

This class will be for those who have tap danced before or been involved in the U3A class since 2016 and are classified as 'intermediate'. Each week a new part of the routine will be introduced. I envisage two routines will come together over the year. Tapping is great for the bones, balance and above all, it is fun. The course will last the whole year. However, no classes will be held during the school holidays, nor during the third term of the school year (the third term will be for 9 weeks from 19th July til 24th September 2021). The fourth term will be from 11th Oct to 16th Dec 2021.

The cost for participants is initially estimated at \$50, TO BE PAID TO THE COURSE LEADER, but will be determined by how many students enrol in the class for studio hire at \$25 per session. Note that there is a minimum requirement of 15 students. Jazz Attack Studio is located at 13A Cook St Busselton.

**IMPORTANT:** Tap shoes are a prerequisite. Could you please let the Course Leader know if your circumstances change and you are unable to attend as soon as possible so that someone who may be on the wait-list can be notified.

**21WALKTY: Let's Walk and Talk**

**Type: Long Course**

**Dates: 04/02/2021 - 02/12/2021**

**Frequency: Weekly Course, Thu 8:00 - 10:00**

**Location: Busselton Jetty Geographe Bay Rd Busselton**

**Leader: Gwen Braden**

**Contact: Gwen on 0408752747**

A social walk can be as easy or as strenuous as you like. It is an opportunity to come and exercise and to be with friendly people. We will meet at the Jetty so we can walk and talk to the Geographe Bay Yacht Club, or to the Hospital and back or maybe even a walk along the Jetty, walking at a pace that suits you. Although our walks are all based along the foreshore, we see the changing 'moods' of the ocean, the beach sands through the seasons and the beauty of the morning skies - just to be out and about is great! We can turn back anytime. Morning tea is usually at The Goose. Times and start times may vary depending on the time of year. Our winter walks usually start a little later. Apart from the exercise, this group provides an ideal way to meet new people and make new friendships. New members welcome.

**FEE: PAY FOR YOUR OWN MORNING TEA.**

## Games

### **21MJOGGY: Mah Jongg**

**Type: Long Course**

**Dates: 07/01/2021 - 16/12/2021**

**Frequency: Weekly Course, Thu 1:45 - 4:45**

**Location: Salvation Army Cnr Kent & Brown Streets Busselton**

**Leaders: Richard Liston**

**Contact: Richard on 0429998290**

**& Wendy Beames**

An ongoing course playing the Chinese game. The group has been playing for eight years and consists of experienced players. It is a social group. Equipment is provided. NO VACANCIES currently. Interested, experienced parties please contact Wendy Beames or Richard Liston.

FEE OF AROUND \$20 PER SCHOOL TERM TO BE PAID TO COURSE LEADER. The Salvation Army Hall is on the corner of Kent St. and Brown St. Busselton.

**IMPORTANT:** Because this course is not for beginners, ALL enrollees will initially be placed on the waitlist as per the deferred enrolment procedure. The class list will be finalised later after discussions with the course leader.

### **21SCRAY: Scrabble**

**Type: Long Course**

**Dates: 06/01/2021 - 15/12/2021**

**Frequency: Weekly Course, Wed 1:30 - 4:30**

**Location: Leader's Home 7 Nougat Crescent Yalyalup**

**Leader: Diana Hannemann**

**Contact: Diana on 0408955758**

A casual afternoon playing Scrabble. We play a few games, have afternoon tea and enjoy ourselves. Anyone can join us! We meet at the homes of our group members on a rotational basis. Afternoon tea is provided by the afternoon's host or by a volunteer. Do not worry if your home is unable to accommodate up to 16 players, we organise venues weekly.

**IMPORTANT:** Because the number of potential students is impossible to predict, ALL enrollees will initially be placed on the waitlist as per the deferred enrolment procedure. The class list will be finalised later after discussions with the course leader.

## Language

### **21FRCONY: French Conversation**

**Type: Long Course**

**Dates: 03/02/2021 - 08/12/2021**

**Frequency: Weekly Course, Wed 10:30 - 12:00**

**Location: Stilts Holgate Street Broadwater**

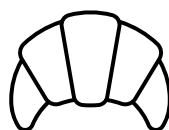
**Leader: Elizabeth Horne**

**Contact: Elizabeth on 0457107681 or Email [eliz.horne@westnet.com.au](mailto:eliz.horne@westnet.com.au)**

Come along and enjoy practising new skills, or refreshing previous French language learning, through lively conversation over coffee and perhaps even a croissant! This will be an informal group, meeting for the pleasure and interest in speaking French in a comfortable, social situation. A basic knowledge of French is required.

Pay for your own refreshments at Stilts. Maximum class size is 12.

**IMPORTANT:** Because the number of potential students is impossible to predict, ALL enrollees will initially be placed on the waitlist as per the deferred enrolment procedure. The class list will be finalised later after discussions with the course leader.



## Literature

### **21BOOK1Y: Book Club 1**

**Type: Long Course**

**Dates: 02/02/2021 - 02/11/2021**

**Frequency: Monthly, Tue 2:00 - 4:00**

**Location: Nova Village 502 Bussell Highway Broadwater Leaders: Maureen Ebbs and Brenda Pirrit**

**Contact: Maureen on 0417171878 or Brenda on 0418901506**

If you enjoy a good read with stimulating discussion to follow, we invite you to join us in 'Reading for Pleasure'. We currently source our books from the Busselton Library and other Southwest Library bulk Loans. First Tuesday each month.

COST is \$10 to be paid to Course Leaders on day one. Maximum class size is 12 participants to allow for relaxed discussion.

**IMPORTANT:** Could you please inform the Course Leader if your circumstances change and you are unable to attend so that if someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

### **21BOOK2Y: Book Club 2**

**Type: Long Course**

**Dates: 02/02/2021 - 07/12/2021**

**Frequency: Monthly, Tue 2:00 - 4:00**

**Location: Leader's Home 1 Anna Capel View Busselton**

**Leader: Karen Gregory**

**Contact: Karen on 0431154158 or Email [karengregory5@bigpond.com](mailto:karengregory5@bigpond.com)**

This course is for bookworms who enjoy discussing books and sharing good reads in a relaxed social atmosphere. Books are usually sourced from the Busselton Library's bulk loans, but the club is exploring alternatives and open to all ideas.

COST: \$10 FEE TO BE PAID TO COURSE LEADER. Maximum Class Size is 12.

**IMPORTANT:** Because the number of potential students is impossible to predict, ALL enrollees will initially be placed on the waitlist as per the deferred enrolment procedure. The class list will be finalised later after discussions with the course leader. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

### **21DRAMS1: Into Drama**

**Type: Long Course**

**Dates: 09/02/2021 - 08/06/2021**

**Frequency: Weekly Course, Tue 9:30 - 11:30**

**Location: Weld Queen Street Busselton**

**Leader: Gwyn Cracknell**

**Contact: Gwyn on 9754 1703 or Email [gwynwendy@bigpond.com](mailto:gwynwendy@bigpond.com)**

Through dramatised play readings you will experience the power of live theatre to entertain, move and inspire US, the audience. An introduction to some of the great playwrights and dramatists: from Sophocles and Aeschylus to Shakespeare, Chekhov, Ibsen, Synge, O'Neill, Miller, Williams, Williamson, Davis, Winton ... Discover how to project yourself into another character in Comedy, Tragedy, Melodrama, Farce and modern socio-drama. DRAMA: THE MOST DYNAMIC OF LITERARY FORMS, THE MOST CHALLENGING.

COST: \$20 COURSE FEE TO BE PAID TO THE COURSE LEADER. The Weld Theatre is in Queen St. Busselton.

**IMPORTANT:** Could you please inform the Course Leader if your circumstances change and you are unable to attend so that if someone who may be wait-listed can be notified of a vacancy. Also, the cost is calculated based on the number of enrollees expected so may change if fewer members enrol.

## Mind Body Spirit

### 21YOGAMY: Dru Yoga (Monday Class)

Type: Long Course

Dates: 25/01/2021 - 13/12/2021

Frequency: Weekly Course, Mon 4:00 - 5:30

Location: The People Place 19-21 Kent Street Busselton

Leader: Valerie Frearson-Lane

Contact: Valerie on 0419157855

The Dru Yoga classes are ongoing classes. At this stage there are no vacancies for 2021. However, if you are interested should a vacancy become available during the year, please contact Valerie by email at [livingyoga@fairtel.com.au](mailto:livingyoga@fairtel.com.au) There are no prerequisites. Maximum Enrolments: 15 per class.

### 21YOGATY: Dru Yoga (Tuesday Class)

Type: Long Course

Dates: 26/01/2021 - 14/12/2021

Frequency: Weekly Course, Tue 4:00 - 5:30

Location: The People Place 19-21 Kent Street Busselton

Leader: Valerie Frearson-Lane

Contact: Valerie on 0419157855

The Dru Yoga classes are ongoing classes. At this stage there are no vacancies for 2021. However, if you are interested should a vacancy become available during the year, please contact Valerie by email at [livingyoga@fairtel.com.au](mailto:livingyoga@fairtel.com.au) There are no prerequisites. Maximum Enrolments: 15 per class.

## Music

### 21RDMUS1: Learning to Read Music and Understanding Music Theory

Type: Short Course

Dates: 11/02/2021 - 15/04/2021

Frequency: Weekly Course, Thu 1:00 - 3:00

Location: Nova Village 502 Bussell Highway Broadwater

Leader: Shane Venema

Contact: Shane on 9754 1840 & 0414 238 696 or Email [s.e.venema@icloud.com](mailto:s.e.venema@icloud.com)

LEARNING TO READ MUSIC & UNDERSTANDING MUSIC THEORY HAVE YOU ALWAYS WANTED TO LEARN TO READ MUSIC? This course will show you how to read the music language, decipher all the notes & signs on the page. It will also teach you to understand the important elements of what makes up the theory of music and to get more out of playing an instrument, listening to a classical concert or singing in a choir. There is a small segment included on writing music, how to transpose and how to conduct also.

Cost for Participants - Total of \$20 each person inclusive of the 10 weeks course. This includes the textbook being used, afternoon tea, any cost for use of the venue & any necessary printing. Maximum and Minimum enrolments - Maximum of 12. Minimum of 4.

Prerequisites - Need to pay \$20 up front at first lesson. Need to notify if unable to attend. Please do not attend if at all unwell. Because the course is built on a "building blocks" style of learning, it will be difficult to catch up if someone misses more than one lesson.



## Science

### **21BTNYS1: A Zoologist in a Wildflower Wonderland**

**Type: Short Course**

**Dates: 17/03/2021 - 28/04/2021**

**Frequency: Weekly Course, Wed 2:30 - 4:00**

**Location: The People Place 19-21 Kent Street Busselton**

**Leader: Patrick Prevett**

**Contact: Patrick on 0477 823 338 or Email [patrick.prevett@bigpond.com](mailto:patrick.prevett@bigpond.com)**

A lecture-based course including a mix of animal and plant studies with a focus on local and regional flora. The title to the course reflects the author's ongoing interest in travel in the South West, the Fitzgerald and Lesueur National Parks and the impressive flora and scenery these regions display. Even gravel pits offer surprises!! There will be a specific focus on well-known groups of plants including banksias and peas. We will consider Australia's horrendous exotic herbivores including introduced camels, pigs, goats and others that are an ongoing source of environmental damage and impact heavily on Australia's native fauna particularly mammals. An update on the scourge of the feral cat in Australia will be the topic for the final session. As always students will be encouraged to discuss issues raised and bring specimens along as appropriate. No pussy cats thank you!

In this course a lecture is essentially a sequence of 24 slides shown on a large TV screen. All the slides shown are included in the manual which has spiral binding and opens flat on the desk so students can easily follow either on the screen or in the book. The manual is titled 'Wanderings of a Zoologist in Wildflower Country: The South West Botanical Province, WA' written by the author. It includes all slides used in the lecture series so students will have a resource base to refer to after the course has finished. If you have any queries, Patrick can be contacted on 0477 823 338

Please bring pen and notebook. Also, teabag or coffee bag. Milk, sugar and hot water are supplied. Cost: Approximately \$60 course fee (dependent on student enrolments) to be paid to Course Leader on day one. The charges are for room hire and to defray the cost of the manual. Prerequisites: A thirst for Knowledge!

**IMPORTANT:** If you enrol and then your circumstances change, please tell the Course Leader as soon as possible as an alternative venue may be required due to less numbers to cover costs. It also means anyone still on the wait list can be notified of a space.

### **21COVIS1: 2020, COVID-19, Australian wildlife during lockdown**

**Type: Short Course**

**Dates: 10/02/2021 - 03/03/2021**

**Frequency: Weekly Course, Wed 2:30 - 4:00**

**Location: The People Place 19-21 Kent Street Busselton**

**Leader: Patrick Prevett**

**Contact: Patrick on 0477 823 338 or Email [patrick.prevett@bigpond.com](mailto:patrick.prevett@bigpond.com)**

'2020, COVID-19, Australian wildlife during lockdown'. The story line is essentially how the author (and presenter) responded to lockdown during the early stages of the COVID 19 pandemic. "Naturalists are probably better at self-isolation than are most people. For me, one of the main attractions of watching wildlife is the chance to dodge the hurly-burly of everyday living and to be temporarily and deliciously alone." (Natural Reflections by Brett Westwood, British Wildlife 2020). The course retraces 'Letters from the Bush, Green Head WA, 2020' sent to enrolled students during semester 1, 2020. Coverage of these topics will be expanded in the lecture series beyond the emailed material so experienced and new students will benefit. The topics are: • Trees and shrubs of the of the SW Botanical Province • Jewel beetles and other pollinators: a bonus when photographing wildflowers. • Flora of the Coorow-Green Head vegetation corridor. • Ericaceae, the heaths: how well do you know this family of stunning wildflowers?

All students will need to purchase the course manual. It is a collation of the 9 'Letters from the bush' The title of the manual is '2020, COVID-19: Australian wildlife during lockdown'. Students can follow the lectures either on the large tv screen or in their manual which has spiral binding and opens flat on the desk. Please note that not all the slides shown on the screen will appear in the manual. This is because each of the topics dealt with has been expanded since the manual was printed to include new material. Students wishing to acquire these additional slides are welcome to copy the slides to an external drive (thumb drive, flash drive, etc.) if they wish.

Course fee is \$40.00. This charge is to defray the cost of the course manual and student contribution to the hire of the venue. Prerequisites: A thirst for knowledge!

**IMPORTANT:** If you enrol and then your circumstances change, please tell the Course Leader as soon as possible as an alternative venue may be required due to less numbers to cover costs. It also means anyone still on the wait list can be notified of a space.

## Social Activities

**21FILMSY: Film Club**

**Dates: 03/02/2021 - 03/11/2021**

**Location: Orana 27 Albert St Busselton**

**Contact: Joan on 0410667696**

**Type: Long Course**

**Frequency: Monthly, Wed 10:30 - 1:30**

**Leader: Joan Parke**

The Film Club follows the basic format of a Book Club with a viewing of the film followed by a short discussion. We meet in the foyer of the Orana Cinema at 10.30 for morning tea, at the regular first Wednesday of the month Seniors' Session. Three films will be on offer, playing simultaneously. About a week before, you will be informed of the film we will be watching. Occasionally, throughout the year, we will meet up for a coffee and discussion about movies in general. Please note: As at the time of printing, the regular Senior Sessions have not yet resumed. However, films have been showing so until advised otherwise, I will check films available on the first Wednesday of the month, starting in February, and suggest one for us to go to. We will follow the usual format as listed below.

The cost of ticket is \$10. Just as when in a Book Club we can be challenged to read, at times, books beyond our favourite genre, this can also be an opportunity to broaden our film viewing. After the film we gather in the foyer for a short discussion. A maximum of 14 has been set to allow for the discussion.



**21SOCS1: Reflections and Reminiscing**

**Dates: 22/02/2021 - 28/06/2021**

**Location: Stilts Holgate Street Broadwater**

**Contact: Elaine on Email [hoganirene28@hotmail.com](mailto:hoganirene28@hotmail.com) for further information.**

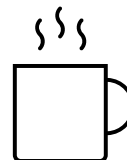
**Type: Long Course**

**Frequency: Monthly, Mon 10:15 - 12:00**

**Leader: Elaine Hogan**

Formerly our monthly coffee meetup, now renamed. Join us for different topics to start our conversations, on memories, experiences, recollections etc. I will supply topics. In the past we have had discussions on best holidays, earliest childhood memories, what do friends mean to us, etc. randomly chosen to kickstart our chats. Please be there for 10.15 to order your coffee/ tea which staff will bring to us about 11 am. It would be greatly appreciated if members could avoid being late as it disrupts the flow of conversation. If members cannot attend any given month, again, do let Elaine know so she can work out groups, tables etc and let Stilts staff know.

Numbers: unlimited.



## Writing

### **21CWRIY: Creative Writing**

**Type: Long Course**

**Dates: 15/02/2021 - 06/12/2021**

**Frequency: Fortnightly, Mon 1:00 - 3:00**

**Location: Leader's Home 12 Silver Gull Court Geographe**

**Leader: Moira Dahlberg**

**Contact: Moira on 97942372 or 0476237601**

CREATIVE WRITING, for fun and to exercise our (ageing) minds. This is NOT a teaching course but one for enjoyment. This ongoing group utilises basic prompts and motivations for writing fiction and nonfiction. The purpose is to encourage creativity and enjoyment. This is a group for writing, exercising the brain and having fun but it is neither a teaching course nor a critique group. We use various prompts and starters (e.g., beginning sentence; title; characters; a picture; real items etc) to inspire pieces of writing (fact or fiction prose or verse) which we then share with each other. All materials are provided; as well a selection of books and printed copies of previous collections are available for loan.

Cost is \$3.00 to be paid to the course leader each time people attend - covers photocopies and afternoon tea.

**IMPORTANT:** Please let the Course leader know if your circumstances change and you are unable to attend the course, so someone who may be on the wait list can be notified.

### **21MWRIS1: Memoir Writing: Getting Started!**

**Type: Short Course**

**Dates: 08/03/2021 - 29/03/2021**

**Frequency: Weekly Course, Mon 10:00 - 12:00**

**Location: The People Place 19-21 Kent Street Busselton**

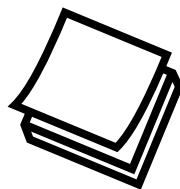
**Leader: Joan Parke**

**Contact : Joan on 0410 667 696**

How often have we said that we must write things down for our kids? How many times have they said we should write about our lives? And the grandchildren, how they love the stories we tell them! Think of the times we regret not knowing more about our parents' stories. But we are always 'going to'....BUT! In this 4 week course we will have some fun stirring up memories of different stages of our lives - remembering some of the important things that bring our participation in our family's history to life, and to reflect on memorabilia we have treasured. We will start each session with some activities to get us planning and WRITING. It is important not to underestimate the power of the writing of memoirs, we all have a story (with many chapters) to tell so let's give it a go.

The Course fee is approximately \$25 (depending on number of students enrolled) and includes room hire, materials and refreshments.

**IMPORTANT:** Please let the Course leader know if your circumstances change and you are unable to attend the course, so someone who may be on the wait list can be notified.



## **NEWSFLASH! LATE ADDITION**

**21MUSSI: Music Appreciation**

**Dates: 4/03/21 – 3/06/21**

**Location: 6 Lagoon Place, Quindalup**

**Contact: John Watt on 9754 1572 or 0459511846 or email [wj@westnet.com.au](mailto:wj@westnet.com.au)**

**Type: Long Course**

**Frequency: Monthly, Thurs 10 - 12**

**Leader: John Watt**

This course includes four, two-hour sessions (with tea/coffee break) listening to and discussing music selected and presented by the Course Leader. It is held on the first Thursday of the months - March, April, May and June.

Enrolment limit: 20

Cost is a gold coin donation each session towards tea/coffee etc.

**IMPORTANT:** Please let the Course leader know if your circumstances change and you are unable to attend the course, so someone who may be on the wait list can be notified.



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## Course Enrolment Form 2021 Semester 1

PO Box 1792, Busselton WA 6280  
Phone: 0410 667 696 Email: [secretary@u3anaturaliste.com.au](mailto:secretary@u3anaturaliste.com.au)

**For use ONLY by financial members who require assistance to enrol.** Please allow five business days for postage to be delivered or you can attend enrolment in person (see below).

Please print clearly in Black pen

First Name:	Surname:
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- Have you paid your **2021 MEMBERSHIP** subscription? **YES / NO**
- **Membership number:** .....
- Using the current Course Booklet, list your course selections in the table below by showing the **Course Code, Course Description and Start Date.**
- The committee will be assisting with enrolments at The People Place (**19-21 Kent St. Busselton**) on **22nd January 1pm - 3pm** and Nova Village (**corner of Bussell Hwy and Bell Drive**) on **20th January 10am - 12pm** OR contact: [admin@u3anaturaliste.com.au](mailto:admin@u3anaturaliste.com.au) 041 268 9252.
- Please bring this completed form with you, or post to the address at the top.

Course Code	Course Description	Start Date

**IMPORTANT INFORMATION FOR ENROLEES:** If you have specific needs to enable you to attend a course, please contact the Course Leader prior to the Course so that necessary arrangements can be discussed.



Data Entry
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Date
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